

Big Feelings

An Emotions Coloring Book

A 10-page Themed Coloring Set
Ideal for both Home and Classroom

Ages 4-10



Happy Hedgehog



What makes you
feel happy?

Sad Sloth



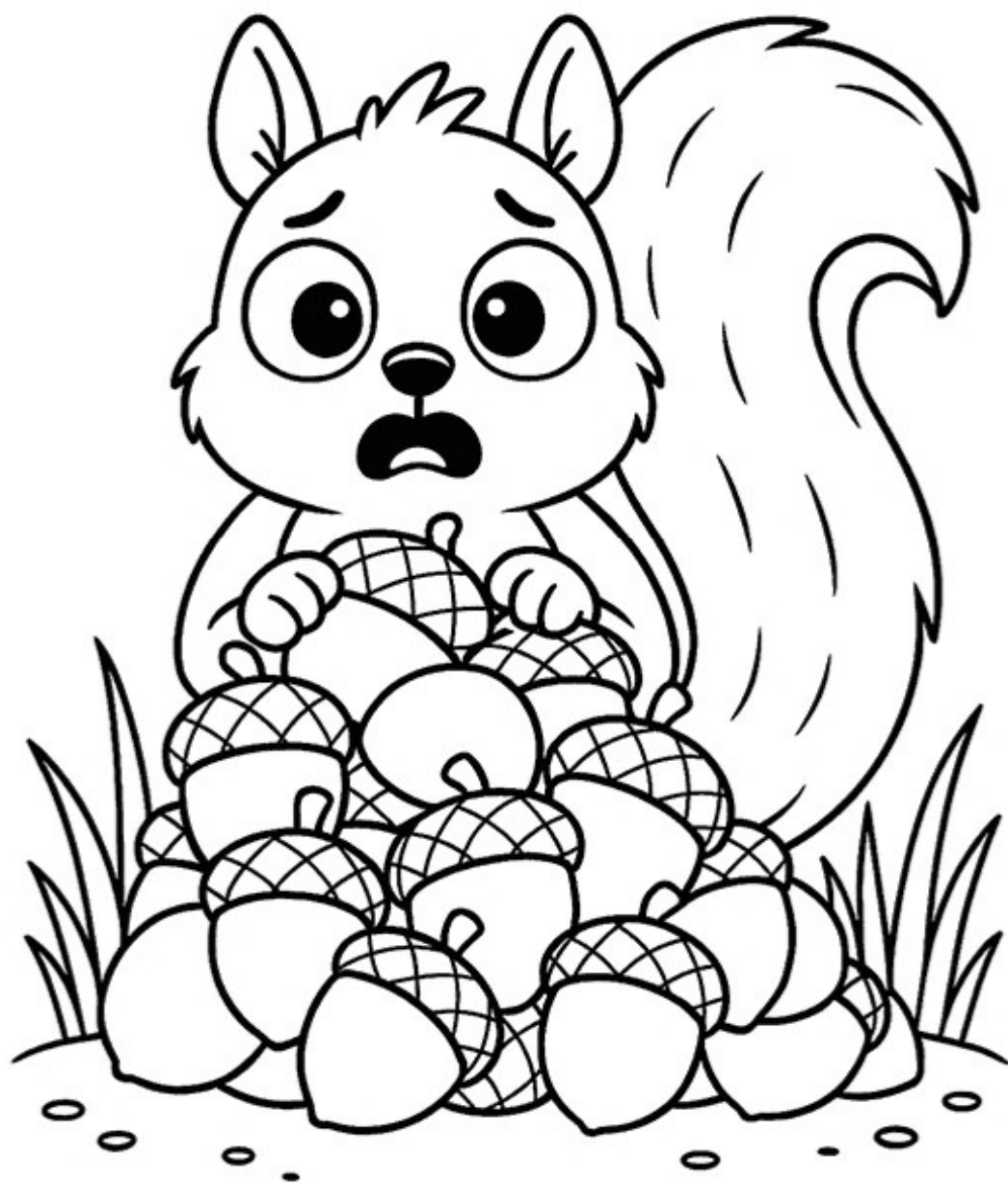
What do you do
when you feel sad?

mad monkey



It's okay to feel mad
sometimes!

scared squirrel



What helps you
feel safe?

Love Bug



Who or what do you
love the most?

Brave Bear



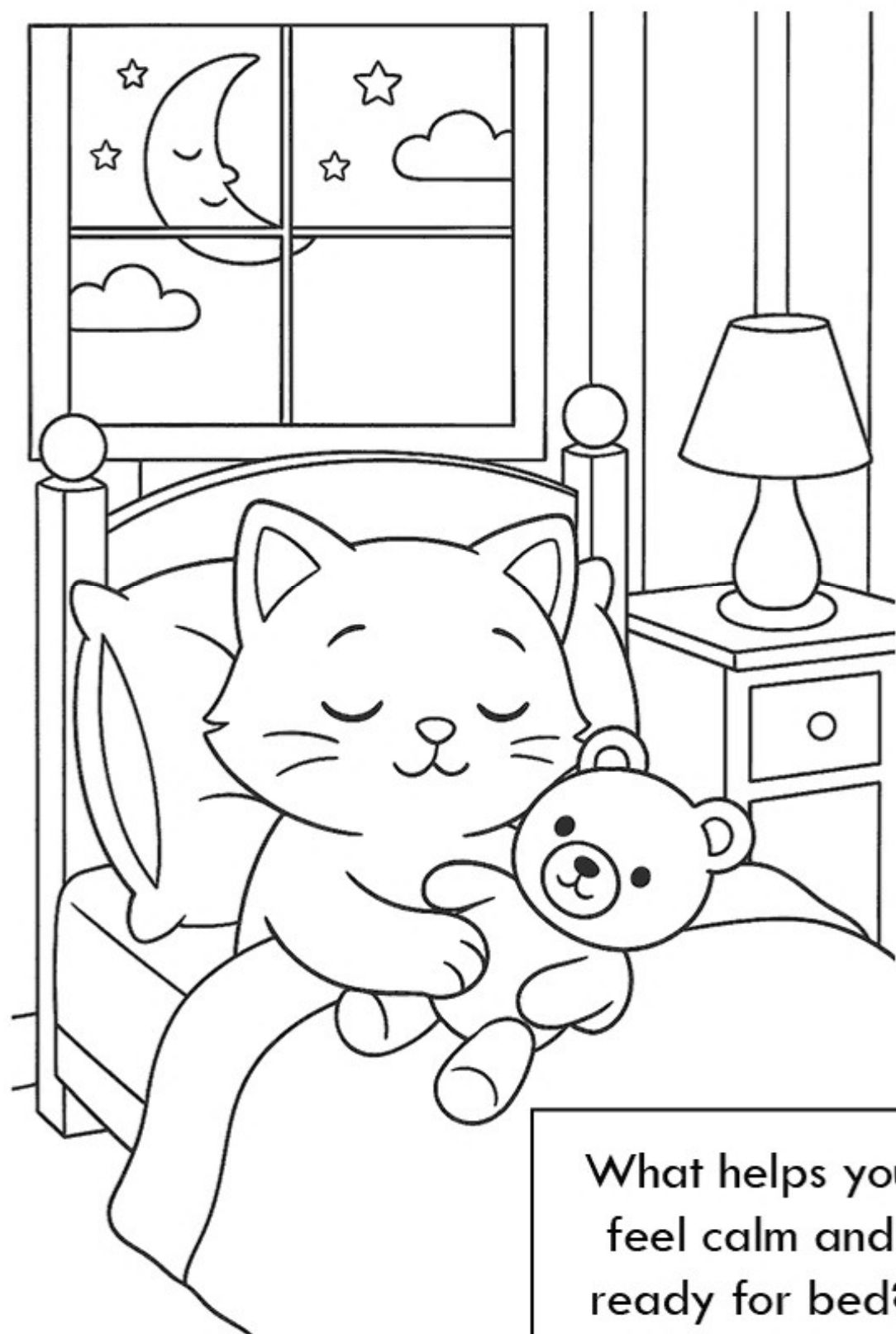
When have you
felt brave?

Shy Bunny



What helps you come
out of your shell?

Sleepy Cat



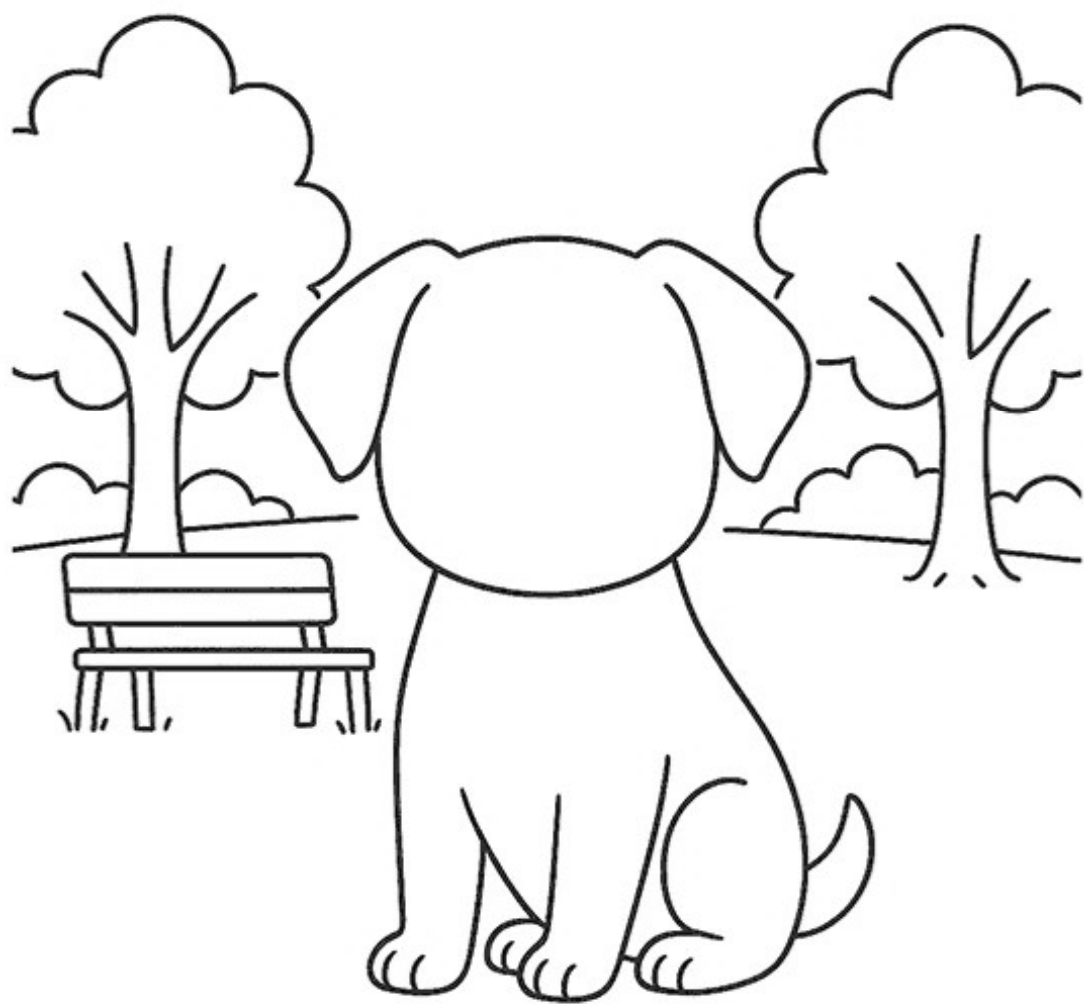
What helps you
feel calm and
ready for bed?

proud penguin



What's something you've done
that made you proud?

HOW ARE YOU FEELING TODAY?



Draw how you feel today!